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Ms Lifeng is a Nurse Clinician with the National Neuroscience Institute, SingHealth. She has been a nurse for 20 years and obtained her Advance Diploma in Neuroscience Nursing in 2007.

She works closely with the Neurosurgery and Neurology Departments, and is involved in the care of patients with neurological conditions such as brain tumours and stroke, in both inpatient and outpatient settings.

Lifeng's interest and passion lies in caring for neuro-oncology patients. She sees them in the wards, provides pre-operative counselling, education and psychosocial support. She also runs a Neuro-oncology clinic with a multidisciplinary team to better assess the needs of patients and help them navigate the healthcare system.

Topic: Nursing Care for Adult Patients with Primary Brain Tumours

Patients with Brain Tumors may face numerous challenges throughout their treatment journey, spanning from inpatient to outpatient care. When someone is diagnosed with Brain Tumor, it is hard for their family too. Alongside the patient, they navigate through a maze of treatments, appointments and decisions. Besides, they struggle with managing tough symptoms, dealing with the uncertainty of what lies ahead, and facing the emotional strain.

Early screening of both patients and caregivers is crucial for addressing concerns promptly and providing necessary support. A neuro-oncology helpline provides essential support for those who may have questions or need assistance navigating their journey with Brain Tumors. Introducing Advance Care Planning (ACP) discussions ensures that everyone involved understands the patient's priorities and preferences for care. These proactive approaches enhance the overall well-being of both the patient and their caregivers throughout their journey.