



Ng Xin Hui
Singapore

Ms Ng Xin Hui is an Assistant Nurse Clinician from the Division of Supportive and Palliative Medicine at the National Cancer Centre Singapore (NCCS). She holds a Bachelor of Nursing degree from the University of Sydney (2008) and an Advanced Diploma in Oncology from Nanyang Polytechnic Singapore (2011). She worked as a specialist haematology nurse for 10 years before pursuing community nursing work. 5 years ago, she shifted her interest to serve palliative care patients till today. Her passion for palliative care grew and she attained a Specialist Diploma in Palliative Care from Ngee-Ann Polytechnic Singapore (2023). She was awarded the Dover Park Hospice Prize for most outstanding academic performance. Currently, she advocates and provide early supportive and palliative care to breast, gynaecology and lung cancer patients at NCCS. She engages in fundraising activities that support terminally ill patients (such as the Ambulance Wish Singapore).

Topic: Palliative Nursing Care for Neuro-Onco Patients

Primary malignant brain tumors such as high-grade gliomas (HGG) are characterized by debilitating neurologic symptoms, poor prognosis and significant psycho-emotional burden to patients and their caregivers. Delivering comprehensive palliative care is essential to address the complex needs of such patients and their carer and to initiate sensitive, yet necessary conversations to establish goals of care and end-of-life preferences.

This presentation explains the role of a palliative care nurse in caring for patients with primary malignant brain tumor and their caregivers. It discusses common end-of-life symptoms (such as seizures, and cognitive and functional deficits) and their management. It describes complex psychosocial challenges faced by patients and carers (such as existential anxiety, emotional distress, and high caregiver burden) and how they may be addressed.

Various palliative care service delivery modes in Singapore and the transition of care to hospices will also be shared.